NJ Crisis Services: Who Should I Call?

There are many types of emergencies. What number is best to call during a crisis?

Someone to Call For	988 SUICIDE & CRISIS LIFELINE Behavioral Health Crisis	9-1-1 Emergency Response	2.1.1 New Jersey Basic Needs
24/7 services	(2417)	(2417)	(2417)
Serves adults	(18)		(18)
Serves youth ¹	-39	-18)	-18
Overdose in progress or medical emergency		œ	
i Fire		6	
Immediate rescue required ²			
Crime		Q	
Suicide attempt in progress		A	
Someone is a threat to self or others			
Mental health crisis	Real And		
Substance use crisis			
Suicidal thoughts	٩		
Crisis stabilization ³			
Follow-up services			
Referrals			

¹For children/youth under 21, contact PerformCare (877-652-7624) which provides a family-centered, community-focused, single point of entry to obtain services for behavioral health, intellectual/developmental disabilities, or substance use. Available 24/7. Parent/legal guardian consent required for youth under 18.

²Immediate rescue required for self-injury, serious threats of harm to self/others, severe disorientation, and/or agitation, etc.

³Crisis stabilization provides short-term care for an individual experiencing an acute mental health or substance use crisis.

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Phil Murphy, Governor | Tahesha L. Way, Lt. Governor

